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Beach, October
sunday afternoon
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First Baptist Church
P.O. Box 366
Belton, S.C. 29627
(Bruce League)

April, 1990



MARK YOUR CALENDARS

Our next Live Wire Luncheon
will be on Monday, March 12.
Shelia Brown will be here to
discuss the Lifeline system.
Lifeline is an Emergency
Response System for anyone
who has physical problems and
who lives alone.

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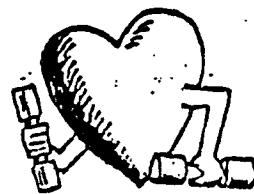
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HAPPY PRESIDENTS DAY

or this trip.
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First Baptist
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ONT HOTEL in
us to tour
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EXERCISE IS . . . HEART WORK

Remember, walking is a great
all-around exercise. A moderate
walk burns approximately five
calories a minute. So, have fun,
and take a giant step for better
health.



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